

# Taking Part One Stop Shop

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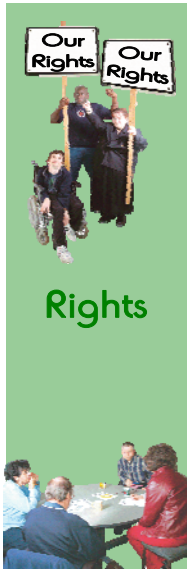
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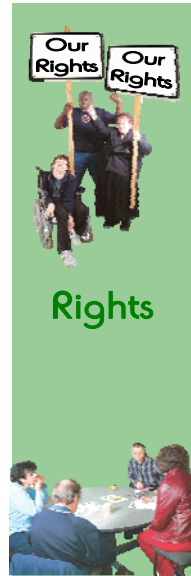
Included



Choice



Independence



Rights

Included



Choice



Independence

Telford & Wrekin



## Taking Part One Stop Shop

What can we tell YOU  
about Advocacy?



# What is Advocacy?



- ◆ It is about Speaking UP.



- ◆ It is about having support to help you speak up.



- ◆ Sometimes it is about having someone to speak up for you.



- ◆ We need to have the chance to say what WE want ~ NOT what other people want for us.



- ◆ Advocacy helps us to be treated as EQUAL PEOPLE.

# What is the Valuing People White Paper?



- ◆ The Valuing People White Paper came out in 2001. It looks at important things in our lives like work, education, housing and money. It says that advocacy is very important.
- ◆ The Government did some work with people with learning difficulties, parent, carers, support workers and professionals. This was to find out what improvements could be made to services to make the lives of people with learning difficulties better. These ideas are in the White Paper.

The White Paper has 4 main principles to improve for people with learning difficulties.

Rights  
Independence  
Choice  
Inclusion

*'Better life chances for people with learning disabilities'*

# Who Can Be Advocates?



- ◆ **YOU** : some people have the confidence to speak up for themselves.
- ◆ **Parents and Carers** : they often know you best and should have your best interests at heart.



- ◆ **Supporters and Workers** : sometimes people who provide support are good advocates because they know you well. They should be there to **SUPPORT YOU**.



- ◆ **Friends** : we often need the help and advice from friends to help us speak up and be heard or to just listen to us.



- ◆ **Independent advocates** : a trained advocate from an advocacy organisation who is independent from social services and families.

- ◆ **An Advocate** should be someone you like, feel safe with and **TRUST**. They should be someone who will always work in your best interests, help you understand and communicate what you want.



# Why do we need Advocacy?



- ◆ Advocacy helps people to listen to us.



- ◆ People hear what we say and take us seriously.



- ◆ We are included.



- ◆ We know what we want but sometimes need help to say it.

- ◆ We are able to make our own decisions when we understand.



- ◆ Advocacy makes our lives better!

# Different Types of Advocacy



- ◆ **Self Advocacy** : you speak up for yourself.



- ◆ **Group Advocacy** : groups help and support each other to speak up and be heard.



- ◆ **Peer Advocacy** : two people help and advise each other.



- ◆ **Citizen Advocacy** : a volunteer is a trained advocate and helps a person with a learning difficulty.



- ◆ **Family Advocacy** : family members help you speak up and say what you want.



- ◆ **Crisis or Short Term Advocacy** : a trained advocate helps a person to get difficult things sorted out.

# How can we get an Advocate?



- ◆ You can call an advocacy service yourself and ask for an advocate.



- ◆ You can ask your Social Worker to help you get an advocate.



- ◆ Parents and Carers can help you get an advocate.



- ◆ Support Workers and friends can make a call to an advocacy service for you.



- ◆ An Advocate will only work with you with your consent.